

At Frizinghall Primary School, we use an online resource called SCARF (which represents our values for children of Safety, Caring, Achievement, Resilience and Friendship) to provide a whole-school approach to building these essential foundations – crucial for children to achieve their best, academically and socially.

This programme meets all DfE requirements for statutory Relationships and Health Education, and is mapped to the PSHE Association programmes of study. Further details about this can be found in the curriculum section of the website. (The lessons linked directly to Relationships Education are underlined in the table below.)

SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing. Alongside the Safeguarding Curriculum below, the school will respond and adapt to global, national, local and individual children’s needs as appropriate.

Nursery	<b>Me and My Relationships</b> Marvellous me! I'm special <u>People who are special to me</u>	<b>Valuing Difference</b> Me and my friends <u>Friends and family</u> <u>Including everyone</u>	<b>Keeping Myself Safe</b> <u>People who help to keep me safe</u> Safety Indoors and Outdoors What's safe to go into my body	<b>Rights and Responsibilities</b> Looking after myself <u>Looking after others</u> Looking after my environment	<b>Being my Best</b> What does my body need? <u>I can keep trying</u> <u>I can do it!</u>	<b>Growing and Changing</b> Growing and changing in nature <u>When I was a baby</u> <u>Girls, boys and families</u>
Reception	<b>Me and My Relationships</b> <u>All about me</u> <u>What makes me special</u> <u>Me and my special people</u> <u>Who can help me?</u> <u>My feelings</u> <u>My feelings (2)</u>	<b>Valuing Difference</b> <u>I'm special, you're special</u> <u>Same and different</u> <u>Same and different families</u> <u>Same and different homes</u> <u>I am caring</u>	<b>Keeping Myself Safe</b> <u>What's safe to go onto my body</u> Keeping Myself Safe - What's safe to go into my body (including medicines) <u>Safe indoors and outdoors</u> <u>Listening to my feelings (1)</u> <u>Keeping safe online</u>	<b>Rights and Responsibilities</b> <u>Looking after my special people</u> <u>Looking after my friends</u> <u>Being helpful at home and caring for our classroom</u> <u>Caring for our world</u> Looking after money (1): recognising, spending, using	<b>Being my Best</b> <u>Bouncing back when things go wrong</u> <u>Yes, I can!</u> Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	<b>Growing and Changing</b> Seasons <u>Life stages - plants, animals, humans</u> <u>Life Stages: Human life stage - who will I be?</u> <u>Getting bigger</u>

			<u>People who help to keep me safe</u>	Looking after money (2): saving money and keeping it safe		
Year 1	<b>Me and My Relationships</b> <u>Why we have classroom rules</u> <u>Thinking about feelings</u> <u>Our feelings</u> <u>Feelings and bodies</u> <u>Our special people</u> <u>balloons</u> <u>Good friends</u> <u>How are you listening?</u>	<b>Valuing Difference</b> <u>Same or different?</u> <u>Unkind, tease or bully?</u> <u>Harold's school rules</u> <u>Who are our special people?</u> <u>It's not fair!</u>	<b>Keeping Myself Safe</b> Healthy me Super sleep <u>Who can help? (1)</u> <u>Harold loses Geoffrey</u> What could Harold do? <u>Good or bad touches?</u> <u>Sharing pictures</u>	<b>Rights and Responsibilities</b> Harold's wash and brush up Around and about the school <u>Taking care of something</u> Harold's money How should we look after our money? Basic first aid	<b>Being my Best</b> I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike <u>Pass on the praise!</u> <u>Harold has a bad day</u>	<b>Growing and Changing</b> Inside my wonderful body <u>Taking care of a baby</u> <u>Then and now</u> <u>Who can help? (2)</u> <u>Surprises and secrets</u>
Year 2	<b>Me and My Relationships</b> <u>Our ideal classroom (1)</u> <u>Our ideal classroom (2)</u> How are you feeling today? <u>Bullying or teasing?</u> <u>Don't do that!</u> <u>Types of bullying</u> <u>Being a good friend</u> Let's all be happy!	<b>Valuing Difference</b> <u>What makes us who we are?</u> <u>How do we make others feel?</u> <u>My special people</u> <u>When someone is feeling left out</u> <u>An act of kindness</u> <u>Solve the problem</u>	<b>Keeping Myself Safe</b> Harold's picnic <u>How safe would you feel?</u> <u>What should Harold say?</u> <u>I don't like that!</u> <u>Fun or not?</u> <u>Should I tell?</u> <u>Some secrets should never be kept</u>	<b>Rights and Responsibilities</b> <u>Getting on with others</u> When I feel like erupting <u>Feeling safe</u> How can we look after our environment? Harold saves for something special Harold goes camping <u>Playing games</u>	<b>Being my Best</b> You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... What does my body do?	<b>Growing and Changing</b> <u>A helping hand</u> Sam moves away <u>Haven't you grown!</u> Basic first aid
Year 3	<b>Me and My Relationships</b> As a rule My special pet Tangram team challenge <u>Looking after our special people</u>	<b>Valuing Difference</b> <u>Family and friends</u> My community <u>Respect and challenge</u> <u>Our friends and neighbours</u>	<b>Keeping Myself Safe</b> <u>Safe or unsafe?</u> <u>Danger or risk?</u> <u>The Risk Robot</u> Alcohol and cigarettes: the facts <u>Super Searcher</u>	<b>Rights and Responsibilities</b> Our helpful volunteers <u>Helping each other to stay safe</u> <u>Recount task</u>	<b>Being my Best</b> Derek cooks dinner! (healthy eating) Poorly Harold <u>For or against?</u> <u>I am fantastic!</u> Getting on with your nerves!	<b>Growing and Changing</b> <u>Relationship Tree</u> <u>Body space</u> <u>Secret or surprise?</u> Basic first aid

	<p><u>How can we solve this problem?</u>  <u>Dan's dare</u>  <u>Thanks</u>  <u>Friends are special</u></p>	<p><u>Let's celebrate our differences</u>  <u>Zeb</u></p>	<p><u>None of your business!</u>  <u>Raisin challenge (1)</u>  <u>Help or harm?</u></p>	<p>Harold's environment project  Can Harold afford it?  Earning money</p>	<p>Body team work  <u>Top talents</u></p>	
Year 4	<p><b>Me and My Relationships</b>  <u>An email from Harold!</u>  <u>Ok or not ok? (part 1)</u>  <u>Ok or not ok? (part 2)</u>  <u>Human machines</u>  <u>Different feelings</u>  <u>When feelings change</u>  <u>Under pressure</u></p>	<p><b>Valuing Difference</b>  Can you sort it?  <u>Islands</u>  <u>Friend or acquaintance?</u>  <u>What would I do?</u>  <u>The people we share our world with</u>  <u>That is such a stereotype!</u></p>	<p><b>Keeping Myself Safe</b>  <u>Danger, risk or hazard?</u>  <u>Picture Wise</u>  <u>How dare you!</u>  Medicines: check the label  Know the norms  Keeping ourselves safe  <u>Raisin challenge (2)</u></p>	<p><b>Rights and Responsibilities</b>  <u>Who helps us stay healthy and safe?</u>  It's your right  <u>How do we make a difference?</u>  <u>In the news!</u>  <u>Safety in numbers</u>  Logo quiz  Harold's expenses  Why pay taxes?</p>	<p><b>Being my Best</b>  <u>What makes me ME!</u>  <u>Making choices</u>  SCARF Hotel  Harold's Seven Rs  My school community (1)  Basic first aid</p>	<p><b>Growing and Changing</b>  Moving house  <u>My feelings are all over the place!</u>  <u>Secret or surprise?</u></p>
Year 5	<p><b>Me and My Relationships</b>  Collaboration  Challenge!  <u>Give and take</u>  <u>How good a friend are you?</u>  <u>Relationship cake recipe</u>  <u>Being assertive</u>  Our emotional needs  <u>Communication</u>  <u>What is sexual harassment?</u></p>	<p><b>Valuing Difference</b>  <u>Qualities of friendship</u>  <u>Kind conversations</u>  <u>Happy being me</u>  <u>The land of the Red People</u>  <u>It could happen to anyone</u>  <u>Boys will be boys? - challenging work-place gender stereotypes</u></p>	<p><b>Keeping Myself Safe</b>  'Thinking' about habits  <u>Spot bullying</u>  <u>Ella's diary dilemma</u>  <u>Decision dilemmas</u>  <u>Play, like, share</u>  Drugs: true or false?  Smoking: what is normal?  <u>Would you risk it?</u></p>	<p><b>Rights and Responsibilities</b>  <u>Fact or opinion?</u>  Rights, responsibilities and duties  Mo makes a difference  Spending wisely  Lend us a fiver!</p>	<p><b>Being my Best</b>  Getting fit  It all adds up!  <u>Different skills</u>  My school community (2)  <u>Independence and responsibility</u>  Star qualities?  Basic first aid, including Sepsis Awareness</p>	<p><b>Growing and Changing</b>  <u>How are they feeling?</u>  <u>Taking notice of our feelings</u>  <u>Together</u>  <u>Stop, start, stereotypes</u>  <u>Growing up and changing bodies</u></p>
Year 6	<p><b>Me and My Relationships</b>  Working together  Let's negotiate  <u>Solve the friendship problem</u>  <u>Assertiveness skills</u></p>	<p><b>Valuing Difference</b>  <u>OK to be different</u>  <u>We have more in common than not</u>  <u>Respecting differences</u></p>	<p><b>Keeping Myself Safe</b>  <u>Think before you click!</u>  <u>Traffic lights</u>  Rat Park  What sort of drug is...?</p>	<p><b>Rights and Responsibilities</b>  <u>Two sides to every story</u>  <u>Fakebook friends</u>  What's it worth?  Jobs and taxes</p>	<p><b>Being my Best</b>  Five Ways to Wellbeing project  This will be your life!  Our recommendations  What's the risk? (1)</p>	<p><b>Growing and Changing</b>  <u>Dear Ash</u>  <u>Helpful or unhelpful?</u>  <u>Managing change</u>  <u>I look great!</u>  <u>Media manipulation</u></p>

	<u>Behave yourself</u> <u>Dan's day</u> <u>Don't force me</u> <u>Acting appropriately</u> <u>It's a puzzle</u> <u>What is sexual harassment?</u>	<u>Tolerance and respect for others</u> <u>Advertising friendships!</u> <u>Boys will be boys? - challenging gender stereotypes</u>	<u>Drugs: it's the law!</u> <u>Alcohol: what is normal?</u> <u>Joe's story (part 1)</u> <u>Joe's story (part 2)</u>	<u>Action stations!</u> <u>Project Pitch (parts 1 &amp; 2)</u> <u>Happy shoppers</u> <u>Democracy in Britain</u> 1 - Elections Democracy in Britain 2 - How (most) laws are made	<u>What's the risk? (2)</u> <u>Basic first aid, including Sepsis Awareness</u>	<u>Pressure online</u>
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