

# Good or bad touches?

Year: Y1

## Subjects and Issues

Safeguarding Consent Relationships Education (formerly SRE or RSE)

To cover this lesson's Learning Opportunity (*to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond - including who to tell and how to tell them*) we recommend that you use the NSPCC materials: **The Underwear Rule - resources for schools and teachers**

These free resources for the Underwear Rule include:

1. A lesson plan - everything you need for an hour-long lesson to teach children about the Underwear Rule and help keep them safe
2. Teacher guidance - how to use the resources when teaching children the Underwear Rule, a template letter to parents and what to do if you suspect abuse.
3. IWB slide presentation - to help teach the Underwear Rule in a memorable way.

To help you find this resource quickly and easily, we've put a link to it in our Resources needed area.

Just click on the link to view the lesson plan and related resources.

### Learning Outcomes

Children will be able to:

- Understand and learn the PANTS rules;
- Name and know which parts should be private;
- Explain the difference between appropriate and inappropriate touch;
- Understand that they have the right to say "no" to unwanted touch;
- Start thinking about who they trust and who they can ask for help.

### Resources needed

[NSPCC Underwear Rule resources](https://learning.nspcc.org.uk/research-resources/schools/pants-teaching)

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