

With thanks to:

Parentikind

HOW
**ACTION FOR
CHILDREN**
WORKS



National Children's Bureau

Every Child Should...



Council for Learning Outside the Classroom

Proudly supporting youth social action



Get in touch

We'd love to hear what you think about this list. Share your experience using #MyActivityPassport or email: activity.passport@education.gov.uk



Department for Education

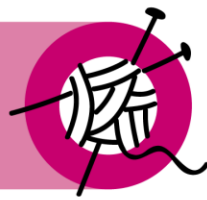


My Activity Passport

Name

Start date

End date



	✓	Date:
1. Play a board game	<input type="checkbox"/>	<input type="text"/>
2. Explore static electricity	<input type="checkbox"/>	<input type="text"/>
3. Sewing	<input type="checkbox"/>	<input type="text"/>
4. Take part in the leavers show	<input type="checkbox"/>	<input type="text"/>
5. Measure shadows	<input type="checkbox"/>	<input type="text"/>
6. Use a protractor to create art	<input type="checkbox"/>	<input type="text"/>
7. Take the JED quiz	<input type="checkbox"/>	<input type="text"/>
8. Make a pulse detector	<input type="checkbox"/>	<input type="text"/>
9. Job search	<input type="checkbox"/>	<input type="text"/>
10. Caterpillar camouflage game	<input type="checkbox"/>	<input type="text"/>
11. Send a Morse code light message	<input type="checkbox"/>	<input type="text"/>
12. Make and eat – Alpine Cheese Toast	<input type="checkbox"/>	<input type="text"/>
13. Explore a city using digimaps	<input type="checkbox"/>	<input type="text"/>
14. Investigate human body proportions	<input type="checkbox"/>	<input type="text"/>
15. Create a guess who game	<input type="checkbox"/>	<input type="text"/>



Welcome to your activity passport.

This passport will follow you throughout your time at Frizinghall Primary School. We will cover all of the activities listed in the passport at school but don't let that stop you trying some of these at home.

The 'My Activity Passport' list is part of Frizinghall primary School's vision for every child to have the opportunity to enjoy new and varied experiences.

Reception



	✓	Date:
1. Paint a self portrait	<input type="checkbox"/>	<input type="text"/>
2. Plant some bulbs and watch them grow	<input type="checkbox"/>	<input type="text"/>
3. Spot the seasons	<input type="checkbox"/>	<input type="text"/>
4. Make leaf rubbings	<input type="checkbox"/>	<input type="text"/>
5. Make a sandwich	<input type="checkbox"/>	<input type="text"/>
6. Taste a new fruit	<input type="checkbox"/>	<input type="text"/>
7. Visit the woods	<input type="checkbox"/>	<input type="text"/>
8. Make a paper boat and see if it floats	<input type="checkbox"/>	<input type="text"/>
9. Go on a train	<input type="checkbox"/>	<input type="text"/>
10. Search for butterflies and bugs outdoors	<input type="checkbox"/>	<input type="text"/>
11. Take a photograph	<input type="checkbox"/>	<input type="text"/>
12. Make a treasure map	<input type="checkbox"/>	<input type="text"/>
13. Dress up like a pirate	<input type="checkbox"/>	<input type="text"/>
14. Look up where you live on a map	<input type="checkbox"/>	<input type="text"/>
15. Plan a picnic	<input type="checkbox"/>	<input type="text"/>
16. Go for a paddle	<input type="checkbox"/>	<input type="text"/>
17. Hammer a nail	<input type="checkbox"/>	<input type="text"/>

Year 5



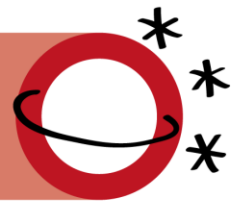
	✓	Date:
1. Learn a dance	<input type="checkbox"/>	<input type="text"/>
2. Make and launch a rocket	<input type="checkbox"/>	<input type="text"/>
3. Use an OS map	<input type="checkbox"/>	<input type="text"/>
4. Go orienteering	<input type="checkbox"/>	<input type="text"/>
5. Finger knit a butterfly	<input type="checkbox"/>	<input type="text"/>
6. Make a large scale model	<input type="checkbox"/>	<input type="text"/>
7. Play an Anglo Saxon game	<input type="checkbox"/>	<input type="text"/>
8. Make a model using origami	<input type="checkbox"/>	<input type="text"/>
9. Experiment with chromatography	<input type="checkbox"/>	<input type="text"/>
10. Modroc planet	<input type="checkbox"/>	<input type="text"/>
11. Walk through the woods	<input type="checkbox"/>	<input type="text"/>
12. Write in hieroglyphics	<input type="checkbox"/>	<input type="text"/>
13. Create an Egyptian Pharaoh self-portrait	<input type="checkbox"/>	<input type="text"/>
14. Learn how to press flowers	<input type="checkbox"/>	<input type="text"/>
15. Make some armour	<input type="checkbox"/>	<input type="text"/>

Year 4



	✓	Date:
1. Make a home for a wild animal	<input type="checkbox"/>	<input type="text"/>
2. Create a display for show and tell	<input type="checkbox"/>	<input type="text"/>
3. Re-enact a Roman march	<input type="checkbox"/>	<input type="text"/>
4. Use a camera	<input type="checkbox"/>	<input type="text"/>
5. Play with clay	<input type="checkbox"/>	<input type="text"/>
6. Make a sculpture with natural materials	<input type="checkbox"/>	<input type="text"/>
7. Do a blind folded taste test	<input type="checkbox"/>	<input type="text"/>
8. Capture and measure sounds	<input type="checkbox"/>	<input type="text"/>
9. Make up your own game and teach it to someone	<input type="checkbox"/>	<input type="text"/>
10. Make a den	<input type="checkbox"/>	<input type="text"/>
11. Make a chatterbox	<input type="checkbox"/>	<input type="text"/>
12. Listen to the sounds in a shell	<input type="checkbox"/>	<input type="text"/>
13. Make a string telephone	<input type="checkbox"/>	<input type="text"/>
14. Find frog spawn	<input type="checkbox"/>	<input type="text"/>
15. Take part in a treasure hunt	<input type="checkbox"/>	<input type="text"/>

Year 1



	✓	Date:
1. Record different sounds and ask others to guess what they are	<input type="checkbox"/>	<input type="text"/>
2. Decorate biscuits	<input type="checkbox"/>	<input type="text"/>
3. Make and taste pancakes	<input type="checkbox"/>	<input type="text"/>
4. Make a puppet	<input type="checkbox"/>	<input type="text"/>
5. Select a book for a friend from the school library	<input type="checkbox"/>	<input type="text"/>
6. Grow a plant	<input type="checkbox"/>	<input type="text"/>
7. Create a piece of art for an exhibition	<input type="checkbox"/>	<input type="text"/>
8. Use different measuring equipment	<input type="checkbox"/>	<input type="text"/>
9. Perform a dance	<input type="checkbox"/>	<input type="text"/>
10. Go on a hunt for some insects or small creatures	<input type="checkbox"/>	<input type="text"/>
11. Make a home for an insect or small creature	<input type="checkbox"/>	<input type="text"/>
12. Race on grass	<input type="checkbox"/>	<input type="text"/>
13. Roll down a hill	<input type="checkbox"/>	<input type="text"/>
14. Have a party	<input type="checkbox"/>	<input type="text"/>
15. Do a jigsaw	<input type="checkbox"/>	<input type="text"/>

Year 2



	✓	Date:
1. Play a party game	<input type="checkbox"/>	<input type="text"/>
2. Walk alongside a canal or a river	<input type="checkbox"/>	<input type="text"/>
3. Decorate a cup cake	<input type="checkbox"/>	<input type="text"/>
4. Collect natural materials for art work	<input type="checkbox"/>	<input type="text"/>
5. Do some finger painting	<input type="checkbox"/>	<input type="text"/>
6. Become a nature detective	<input type="checkbox"/>	<input type="text"/>
7. Discover what is in a pond	<input type="checkbox"/>	<input type="text"/>
8. Keep a diary	<input type="checkbox"/>	<input type="text"/>
9. Create a class collage/model	<input type="checkbox"/>	<input type="text"/>
10. Learn an African song	<input type="checkbox"/>	<input type="text"/>
11. Learn to sew	<input type="checkbox"/>	<input type="text"/>
12. Animal potato printing	<input type="checkbox"/>	<input type="text"/>
13. Use measuring equipment in PE	<input type="checkbox"/>	<input type="text"/>
14. Make a mask	<input type="checkbox"/>	<input type="text"/>
15. Learn a poem	<input type="checkbox"/>	<input type="text"/>

Year 3



	✓	Date:
1. Take part in a Greek banquet	<input type="checkbox"/>	<input type="text"/>
2. Eat something you've not tried before	<input type="checkbox"/>	<input type="text"/>
3. Create a mosaic	<input type="checkbox"/>	<input type="text"/>
4. Create a piece of wax resist art	<input type="checkbox"/>	<input type="text"/>
5. Create a soundtrack for a piece of film	<input type="checkbox"/>	<input type="text"/>
6. Paint with magnets	<input type="checkbox"/>	<input type="text"/>
7. Learn a new game	<input type="checkbox"/>	<input type="text"/>
8. Make something out of wood	<input type="checkbox"/>	<input type="text"/>
9. Compete in a sports competition	<input type="checkbox"/>	<input type="text"/>
10. Learn to play a game of cards	<input type="checkbox"/>	<input type="text"/>
11. Tell your class about your favourite character from a book	<input type="checkbox"/>	<input type="text"/>
12. Learn to weave	<input type="checkbox"/>	<input type="text"/>
13. Try yoga	<input type="checkbox"/>	<input type="text"/>
14. Eat something you have grown	<input type="checkbox"/>	<input type="text"/>
15. Visit a garden centre	<input type="checkbox"/>	<input type="text"/>